

**Post-Treatment Instructions
for
Filler Injections**

- Immediately after the treatment, the most common reported side effects are temporary redness and swelling at the injection site. These effects typically resolve within two or three days. Cold compresses may be used immediately after treatment to reduce swelling. If the inconvenience continues beyond two or three days or if other reactions occur, please contact your physician.
- Avoid touching the area within six hours following treatment. After that, the area can be gently washed with soap and water
- Until the initial redness and swelling have resolved, avoid exposure of the treated area to intense heat (sun lamp or sun bathing)
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize a recurrence.
- Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, and high doses of vitamin E supplements for one week after treatment. These agents may increase bruising or bleeding at the injection site.
- Avoid exercise and alcohol for 6 hours post-treatment
- Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect. Please be sure to consult your physician about recommendations for touch-up or follow-up treatments.

If you are concerned about anything you consider significant, call our 24 hour number (913) 588-6701

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